

# LUNCH MENU

WEEK 1

**NORTH EATS.**  
So much more than school food

## Laurel Avenue Community Primary School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Hot Main Dish**

**Meatballs  
Mashed Potato  
Gravy**



**All Day Breakfast  
with Bacon Potato  
Wedges**

**Roast Chicken  
Yorkshire Puddings  
Roast Potatoes  
Gravy**

**Mince and  
Dumplings  
New Potatoes**

**Chicken Goujons  
with Potato Wedges**

**Alternative Dish**

**Cheese Wrap \*\*  
Vegetable Sticks**



**All Day Breakfast  
with Veggie  
Sausage  
Potato Wedges**



**Vegetable Pie  
Roast Potatoes  
Gravy**



**Risotto with  
Homemade Garlic  
Bread**



**Quorn Bites with  
Potato  
Wedges**



**Third Choice**

**Pasta Carbonara**

**Jacket Potato  
With Baked Beans**



**Tomato Pasta**



**Jacket Potato with  
Cheesy Coleslaw**



**Macaroni Cheese**



**Deli Choice**

**Freshly made  
Sandwiches, Rolls  
& Wraps**



**Freshly made  
Sandwiches, Rolls  
& Wraps**



**Freshly made  
Sandwiches, Rolls  
& Wraps**



**Freshly made  
Sandwiches, Rolls  
& Wraps**



**Freshly made  
Sandwiches, Rolls  
& Wraps**



**Salads**

**Fresh Salads**

**Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads**



**Vegetables**

**Carrots  
Peas**



**Sweetcorn  
Broccoli**



**Carrots  
Cabbage**



**Broccoli  
Sweetcorn**



**Baked Beans  
Peas**



**Desserts**

**Vanilla  
Ice-Cream**

**Chocolate Sponge  
with Chocolate  
custard**

**Jelly with Fruit  
Slices**



**Apple Crumble  
Custard**



**Orange, Sultana  
and Carrot Slice  
Custard\***

*Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily*



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain































Oily Fish

# LUNCH MENU

WEEK 2

**NORTH EATS.**  
So much more than school food

## Laurel Avenue Community Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	 <b>Veggie Pasta Bolognese **</b> Tomato Bread Twist 	<b>Sticky Chicken Noodles</b>	<b>Roast Pork Roast Potatoes Gravy</b>	<b>Minced Beef Pie New Potatoes Gravy</b>	<b>Fish Fingers and Chips</b>
Alternative Dish	<b>Margarita Pizza with Vegetable Sticks</b> 	<b>Cheese and Onion Pasty with Potato Wedges</b> 	<b>Shepherdess Pie Gravy</b>  	<b>Spanish Tortilla</b> 	<b>Quorn Bites and chips</b> 
Third Choice	<b>Jacket Potato with Cheese</b> 	<b>Pasta Carbonara</b>	<b>Jacket Potato with Tuna and Cucumber</b>	<b>Tomato Pasta</b>   	<b>Jacket Potato with Beans</b>  
Deli Choice	<b>Freshly made Sandwiches, Rolls &amp; Wraps</b> 	<b>Freshly made Sandwiches, Rolls &amp; Wraps</b> 	<b>Freshly made Sandwiches, Rolls &amp; Wraps</b> 	<b>Freshly made Sandwiches, Rolls &amp; Wraps</b> 	<b>Freshly made Sandwiches, Rolls &amp; Wraps</b> 
Salads	<b>Fresh Salads</b> Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads 				
Vegetables	<b>Carrot Sticks</b> <b>Cucumber Sticks</b> 	<b>Peas</b> <b>Broccoli</b> 	<b>Carrots</b> <b>Cabbage</b> 	<b>Parsnip</b> <b>Sweetcorn</b> 	<b>Baked Beans</b> <b>Peas</b> 
Desserts	<b>Flapjack and fruit slice</b>  	<b>Peach shortbread pudding* and custard</b> 	<b>Raspberry Yogurt cake with Custard</b>	<b>Cocoa Finger and Orange Wedge*</b>	<b>Sponge Cake and custard</b>

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain


































Oily Fish

# LUNCH MENU

WEEK 3

**NORTH EATS.**  
So much more than school food

## Laurel Avenue Community Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Macaroni Cheese 	Spaghetti Bolognese ** Garlic Bread 	Roast Turkey New Potatoes Yorkshire Pudding Gravy	Chicken Curry with Rice 	Fish Fingers and Chips
Alternative Dish	Veggie Sausage Mash Gravy  	Quiche Salad and Coleslaw 	Quorn Roast Mash Yorkshire Pudding Gravy 	Vegetable Lasagne 	Mexican Tacos With Chips  
Third Choice	Jacket Potato with Cheese and Tomatoes 	Pasta Carbonara	Jacket Potato with Salmon Mayo 	Tomato Pasta  	Jacket Potato with Beans  
Deli Choice	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 	Freshly made Sandwiches, Rolls & Wraps 
Salads	Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads 				
Vegetables	Peas Carrots 	Sweetcorn Broccoli 	Carrots Cabbage 	Mixed Vegetables Sweetcorn 	Baked Beans Peas 
Desserts	Oatie Biscuit and Fruit Slices*  	Pear Upside Down Cake and Custard 	Strawberry Ice-Cream	Jam sponge with Custard	Banana and Apricot flapjack* with Custard 

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

**CHILD'S NAME:**

**CLASS:**