Threshold Concept	Milestone 3
Understand beliefs and teachings This concept involves understanding the key teachings of various religions.	 Explain how some teachings and beliefs are shared between religions. Explain how religious beliefs shape the lives of individuals and communities.
Understand practices and lifestyles This concept involves understanding the day to day lives and practices of various religions.	 Explain the practices and lifestyles involved in belonging to a faith community. Compare and contrast the lifestyles of different faith groups and give reasons why some within the same faith may adopt different lifestyles. Show an understanding of the role of a spiritual leader.
Understand how beliefs are conveyed This concept involves understanding how books, scriptures, readings and other important means of communication are used to convey beliefs.	• Explain some of the different ways that individuals show their beliefs.
Reflect This concept involves an appreciation of how religion plays an important role in the lives of some people.	 Recognise and express feelings about their own identities. Relate these to religious beliefs or teachings. Explain their own ideas about the answers to ultimate questions. Explain why their own answers to ultimate questions may differ from those of others.
Understand values This concept involves an appreciation of how many people place values as an important aspect of their lives.	 Explain why different religious communities or individuals may have a different view of what is right and wrong. Show an awareness of morals and right and wrong beyond rules (i.e. wanting to act in a certain way despite rules). Express their own values and remain respectful of those with different values.