



Laurel Avenue Community Primary School and Nursery

The Woodlands, Durham, DH1 2EY
Tel: 0191 386 8416
www.laurelavenue.durham.sch.uk

Dear Parents / Carers,

As part of your child's education at Laurel Avenue Community Primary School, we promote personal wellbeing and development through our Personal, Social, Health and Economic (PSHE) curriculum. This gives your children the knowledge, understanding and skills to lead healthy, safe and productive lives.

As you may be aware, the Department for Education (DFE) announced changes to Relationships and Sex Education (RSE) and the statutory guidance can be found here:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

The new RSE guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up gives children the information and positive values to have safe and fulfilling relationships and help them take responsibility for their own wellbeing.

At Laurel Avenue we use the Jigsaw PSHE Programme to support us to meet these legal requirements. We have been teaching Relationships and Sex education objectives for many years, before it was statutory, as we have always realised its importance for supporting our children to lead healthy, safe and productive lives. For further information about this programme please see the PSHE section on our school website.

We reviewed and updated our RSE curriculum and policy so that we continued to ensure that our RSE provision is appropriate for our pupils based on their:

- *Age*
- *Physical and emotional maturity*
- *Religious and cultural backgrounds*
- *Special educational needs and disabilities.*

Due to the current pandemic it is unfortunately impossible to hold a consultation meeting in school to discuss these changes. To help you better understand these changes we have uploaded some relevant documents to our school website including

- *DFE Guide for parents – understanding relationships and health education in your child's primary school.*
- *Laurel Avenue's policy for RSE*

- *Jigsaw PSHE content overview*
- *Jigsaw information for parents – guide to RSE in Primary school*

The consultation period for will begin on Monday 22nd November 2021 and will end on 10th December 2021, please take some time to consider the questions below and if you have any feedback, please email to laurelavenue@durhamlearning.net

Consultation questions:

- 1. Are there any changes or additions that you think we should make to the Relationships and Sex policy?*
- 2. Are there any changes or additions that you think should be made to the Relationships and Sex Education outcomes that are found within the Relationships and Changing Me Jigsaw units as shown within the Jigsaw PSHE Content Overview?*
- 3. Has your child ever asked you questions about growing up, sex and relationships?*
- 4. Do you want more support to help you talk to your child about sex and relationships?*
- 5. Would you like more information about what school teaches on sex and relationships?*

Your views are very important to us and we will respond to you on the outcome of the process after the consultation has closed. Once we have considered all the feedback, the Relationships and Sex Education Policy will be finalised.

Please note that Parents and carers will be informed during the summer term before the “Changing Me” unit is taught as all parents/carers do have the right to withdraw their child from some lessons on sex education that are taught in Year 5 and 6 however children cannot be withdrawn from relationships education or any sex education content that is covered within the science curriculum.

We look forward to hearing from you.

Ms G Davison

Mrs J Meehan

Headteacher

PSHE Coordinator