

## Laurel Avenue Community Primary School Sports Premium 2020-21



Our Sports Premium allowance for the academic year 2020-21 is **£16,810**. In addition to this we carried over **£6,733** from 2019-20 making this year's total **£23,543**. The premium will be used to fund additional and sustainable improvements to the provision of PE and sport to encourage the development of healthy, active lifestyles. The Department for Education's vision for the Primary PE and Sports Premium is that ALL pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. We endeavour to see an improvement against the following 5 key indicators:

KEY INDICATORS				
<b>Indicator 1: the engagement of all pupils in regular physical activity</b> - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school	<b>Indicator 2: the profile of PE and sport is raised</b> across the school as a tool for whole-school improvement	<b>Indicator 3: increased confidence, knowledge and skills of all staff</b> in teaching PE and sport	<b>Indicator 4: broader experience of a range of sports and activities</b> offered to all pupils	<b>Indicator 5: increased participation in competitive sport</b>

KEY INDICATORS							
	Indicator 1	Indicator 2	Indicator 3	Indicator 4	Indicator 5		
<b>Service Level Agreement with the Durham and Chester-le-Street School Sports Partnership</b> <ul style="list-style-type: none"> <li>• <b>Staff CPD</b> <ul style="list-style-type: none"> <li>- Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.</li> </ul> </li> <li>• <b>Inter-school competitions and festivals</b> <ul style="list-style-type: none"> <li>- A wide variety of competitions and festivals encouraging participation and excellence in sport.</li> </ul> </li> </ul>	Y	Y	Y	Y	Y	<b>£4,225</b>	Staff expertise has been developed through online training resources focused on both teaching and learning in school and remote learning – sent by SSP throughout the year. Staff access CPD online created SSP staff. This training has impacted on teaching staff skills and knowledge including supporting with remote learning and resources including interactive videos to use in school and at home, lesson plans, challenges which also proved to be motivational. This CPD enhanced skills and confidence of staff which has impacted on the quality of PE lessons and physical activity. Furthermore, the sharing of information is being utilised to develop and maximise the use of sports premium and

<ul style="list-style-type: none"> <li>• <b>Strategic support for HT and PE Subject Leader</b> <ul style="list-style-type: none"> <li>- 4 x ½ days working with a PE Specialist to strategically plan and ensure that PE, sport and physical activity is high quality and meets the needs of the pupils in the school.</li> </ul> </li> <li>• <b>Gifted &amp; talented support</b> <ul style="list-style-type: none"> <li>- Opportunities for Year 5 and Year 6 to develop their sporting potential.</li> </ul> </li> <li>• <b>Online PE and sport resources</b> <ul style="list-style-type: none"> <li>- Teaching and coaching resources to enhance the delivery of PE and school sport.</li> </ul> </li> <li>• <b>Judo programme</b> <ul style="list-style-type: none"> <li>- A taster session for all pupils in the school with links to a community club.</li> </ul> </li> <li>• <b>Intra-School Competitions and Personal Best Challenges</b> <ul style="list-style-type: none"> <li>- An online resource which provides competitive opportunities within school and for individuals.</li> </ul> </li> <li>• <b>18 hours of High-Quality curriculum staff mentoring by a coach in one of the following areas: Invasion Games</b> <ul style="list-style-type: none"> <li>- Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport and provision of an after-school club.</li> </ul> </li> <li>• <b>The provision of 5 buses to festivals/competitions</b> <ul style="list-style-type: none"> <li>- Allow students to attend and participate in a wide variety of competitions and festivals against other schools.</li> </ul> </li> </ul>						<p>sporting opportunities for all children in school. It has provided networking opportunities, enabling the sharing of good practice During the second lockdown there has continued to be strong online support and guidance from SSP staff. Their continuing support has helped to promote physical activity and emotional well-being in a new way. Schemes of work, activities and competitions were included within home learning provided for all pupils and on Facebook as part of our shared community support. The effective use of online programmes has proved invaluable during the current pandemic, it has allowed physical activities to be promoted and encouraged for both children in school and at home and has engaged a high percentage of children.</p> <p>Working in partnership with specialised coaches has allowed staff to develop confidence and have an increased understanding in different sporting areas. This has enabled more creative, inspiring, and effective lessons and enthused before and after school clubs, in addition to creating a bank of ideas and inclusive lesson plans. Furthermore, it has allowed the children to participate in a variety of different sporting opportunities.</p> <p>Children from the Ned Crew delivered intra competitions to children from Years 1 to 6, thus enabling children to compete against house teams within school. Furthermore, it has developed the Ned Crew's leadership skills by working in collaboration with others and showing an increased confidence in their abilities, which has impacted in other areas of school life. The implementation of the sports recognition resulted in children receiving a certificate and band based on the school games sporting values, encouraging, and recognising the sporting attributes of children throughout the school.</p> <p>PE specialist has supported staff with a strategic plan which has ensured PE has continued to be of high quality despite restrictions.</p> <p>Due to Covid-19 restrictions, the Judo programme and attendance at competitions and festivals against other school were unable to take place or have been virtual. Personal bests/Fun Run allowed for competitive opportunities.</p>
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						Staff expertise and knowledge developed by working with sports coach – multi-skills – focus on Reception, Year 1 and 2 and lunchtime clubs which encouraged children who usually do not engage in after school activities to be involved in physical activity and enjoy it. This also enhanced the skills of lunchtime supervisors impacting on physical activity of children over lunchtimes and on behaviour.	
<b>Health and Fitness Programme</b> <ul style="list-style-type: none"> <li>A programme of health and fitness activities in curriculum and after school. This will give staff and students ways of taking part in an active, healthy lifestyle.</li> </ul>	Y		Y	Y		£3,000	LK Fitness have worked with all classes across the year. Levels of fitness of majority of pupils across school have significantly increased especially after lockdown periods. Staff worked alongside coaches outside to develop their skills and confidence to sustain fitness training in the future. Enthusiasm of children greatly increased as did their interest and motivation to keep fit.
<b>Coaching Programme (Sportscool)</b> <ul style="list-style-type: none"> <li>Curriculum coaching to increase teacher knowledge in the delivery of these sessions</li> <li>Provision of lunchtime clubs to widen the variety of sporting activities on offer.</li> </ul>	Y		Y	Y		£1,000	Since Covid restrictions have been lifted Yoga and fundamental movement skills sessions across the whole school have been delivered. EYFS/KS1 pupils have shown development in their skills. Yoga sessions have helped pupils with their mental health and wellbeing and help them control their emotions across school.
<b>Coaching Programme (AE COACHING)</b> <ul style="list-style-type: none"> <li>Curriculum coaching to increase teacher knowledge in the delivery of these sessions</li> <li>Provision of after school clubs to widen the variety of sporting activities on offer.</li> </ul>	Y		Y	Y		£1,000	Curriculum coaching took place over Autumn Term and over lunchtimes. Focus was on developing FMS across younger pupils which will allow them to access the PE Curriculum. Dance sessions have taken place which have engaged pupils in new dance styles to motivate them into future participation.
<b>Football Coaching</b> <ul style="list-style-type: none"> <li>Football curriculum coaching sessions from Richard Shuffleton (Durham FA). Staff will work alongside to develop knowledge in delivery of curriculum PE.</li> </ul>	Y		Y	Y		£1,000	Year 3/4 pupils benefited from high quality coaching which developed their football skills. Staff were able to work alongside the coach to develop their knowledge of the sport in greater detail for future delivery.
<b>Supply</b> <ul style="list-style-type: none"> <li>Enable staff to attend updates on PE developments and CPD to develop knowledge in the delivery of curriculum lessons.</li> </ul>			Y			£1,000	PE Subject Leader has been released to attend meetings and development sessions with a PE Specialist from the SSP. This developed up to date knowledge of PE requirements during the lockdown which enabled appropriate sessions to be delivered. It also identified future opportunities that the school could be involved in.

<b>Sports Equipment</b> <ul style="list-style-type: none"> <li>Equipment for lunchtime supervisors and sports leaders to encourage more physical activity at break and lunchtimes.</li> <li>Equipment for physical activity sessions to target children being active for 30+ minutes per day.</li> <li>Curriculum PE equipment to ensure a high-quality PE lessons can be delivered by staff.</li> </ul>	Y	Y		Y		<b>£2,500</b>	Playground equipment has opened up a lot more physical activity opportunities at break/lunchtimes. This has also been used alongside a new zoning system which has reduced the number of behaviour incidents during these times. This is because pupils are engaged in something and working with others of similar age and abilities leading to less confrontations.
<b>Little Movers</b> <ul style="list-style-type: none"> <li>EYFS dance programme to develop fundamental movement and dance skills.</li> </ul>	Y		Y	Y		<b>£500</b>	EYFS students have accessed these sessions which has developed co-ordination and the ability to move to music.
<b>Fundamental Movement Skills Programme</b> <ul style="list-style-type: none"> <li>Programme focused on nursery students to develop fundamental movement which will allow them to access the PE Curriculum/ Sporting activities in future years</li> </ul>	Y		Y	Y		<b>£350</b>	Coach has worked with pupils in the nursery to engage them in physical activity and develop basic skills. Staff are developing ideas on how to teach these skills for future sessions.
<b>Jumpstart Jonny</b> <ul style="list-style-type: none"> <li>A year-long school subscription to the programme which encourages physical activity through dance videos/movements daily</li> </ul>	Y					<b>£200</b>	This has been used during lockdown to give pupils physical activity sessions to try and encourage them to be active ant home. It is also used in school to give quick bursts of activity which then enables pupils to focus more on learning afterwards.
<b>Forest School</b> <ul style="list-style-type: none"> <li>Purchase equipment to ensure OAA activities through Forest schools have the correct equipment for delivery.</li> </ul>	Y			Y		<b>£1,500</b>	Staff have been trained to deliver this and relevant equipment bought. This allows this to be self-sustaining in the future. Pupils have shown improvements in team work, communication and co-operation as more time has been spent carrying out these activities.
<b>Change 4 Life</b> <ul style="list-style-type: none"> <li>Programme to develop health and wellbeing amongst those pupils who attend.</li> </ul>	Y			Y		<b>£300</b>	Lunchtime activities ran by coaches on 3 days have taken place which have focused on the Change 4 Life message. This is leading to more focussed physical activity for all pupils across the school.
<b>Sports Health Week</b> <ul style="list-style-type: none"> <li>A week-long focus on healthy lifestyles which introduces pupils to different types of physical activities which link to local sporting opportunities</li> </ul>	Y	Y		Y	Y	<b>£1,500</b>	Multi-Skills/Mini Olympics activities have been ran across the school for all pupils. A summer fun run has taken place and all pupils have entered the Durham Dash as part of this week to engage them in competition.
<b>Balance Bike Programme</b> <ul style="list-style-type: none"> <li>12 hours of Balance Bike curriculum support for EYFS which will help develop the skill of riding a bike.</li> </ul>	Y			Y		<b>£1,500</b>	New bikes have been purchased so that pupils have access to them all year round. Training has been developed by SSP staff for pupils in how to use these and also develop basic skills in riding the bikes

<ul style="list-style-type: none"> <li>• Purchase bikes and helmets</li> </ul>							
<b>Active Bursts</b> <ul style="list-style-type: none"> <li>• Access to Active Bursts videos for the full academic year (minimum of 15 routines) to be accessed through the SSP website.</li> <li>• Access to fun physical activity sessions than can be done in classrooms/hall to encourage students to be physically active.</li> </ul>	Y			Y		<b>£150</b>	These have been used in lockdown to engage pupils at home as well as the pupils within school. These fun activities have focused on getting pupils active to develop and maintain fitness levels. They will be continue to be used in the future.
<b>Active Maths</b> <ul style="list-style-type: none"> <li>• Programme to make maths lessons more physically active and engaging</li> </ul>	Y					<b>£575</b>	Provided opportunities for physical activity in lessons which increase the amount physical exercise pupils take part in a day.

£20,300

Remaining grant to allocate: £3,243